

# WRESTLING

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**OPPONENT INFORMATION** 

## 2016-17 SCHEDULE

		_			
Nov. 8	CAMPBELL!	L, 17 -29			
	OHIO!	L, 11-25			
Nov. 13	Journeymen Collegiate Classic	All Day			
Nov. 18	at Nebraska	8 p.m.			
Dec. 2	at Cliff Keen Las Vegas Open	All Day			
Dec. 3	at Cliff Keen Las Vegas Open	All Day			
Dec. 11	at Pitt	2 p.m			
Dec. 18	vs. Virginia Tech 🔨	2 p.m. <sup>Tir</sup>			
Jan. 3	at Cal Poly	10 p.m. <sup>Are</sup>			
Jan. 4	at CSU Bakersfield	9 p.m. Cit			
Jan. 14	vs. Binghamton &	9 a.m. Sta			
Jan. 14	vs. Rider &	10:30 a.m. Vio			
Jan. 14	vs. Harvard &	1:30 p.m.			
Jan. 20	at Oklahoma State *	8 p.m.			
Jan. 22	at Oklahoma *	1 p.m.			
Feb. 5	at NC State	1 p.m.			
Feb. 9	South Dakota State *	7 p.m.			
Feb. 12	IOWA STATE *	2 p.m			
Feb. 17	EDINBORO	7 p.m.			
Feb. 19	at Clarion	2 p.m.			
Mar. 4	at Big 12 Championship	All Day			
Mar. 4	at Big 12 Championship	All Day			
Mar. 16	at NCAA Championships	All Day			
Mar. 17	at NCAA Championships	All Day			
Mar. 18	at NCAA Championships	All Day∖			
Home mat	tches in bold /all caps.				
All times E	Eastern & subject to change				
	es Big 12 match				
! Mountaineer Quad - Morgantown, W.Va.					
^ Parkersburgh HS - Parkersburg, W.Va.					
& Pitt Duals - Pittsburgh, Pa.					
Big 12 Championships - Tulsa, Okla. NCAA Championships - St. Louis, Mo.					
RANKINGS					
InterMat	I	NR (Team)			

InterMat	NR (Team)
InterMat	13th, D. Cottrell (165)
InterMat	9th, J. Smith (197)
USA Today/NWCA	NR (Team)
FloWrestling	15th, D. Cottrell (165)
FloWrestling	10th, J. Smith (197)
TrackWrestling	9th, D. Cottrell (165)
TrackWrestling	10th, J. Smith (197)

					ATION
17 -29 11-25 All Day 8 p.m.	25 ay m				Journeymen ASICS COLLEGIATE CLASSIC
All Day All Day			TOURNAM	IENT I	NFO
2 p.m. 2 p.m.	Date: Sunday, Nov. <sup>-</sup> Time: 9 a.m. (first d	ual)			@WVUWrestling
9 p.m.	Arena Hudson Valley City:Troy, N.Y. Stats: TBA	/ Commun	ity College		f /WVUWrestling
80 a.m. ' 80 p.m.	Video:FloWrestling.c	org (\$)			@WVUWrestling
8 p.m.			PROBABL	E LINE	UP
1 p.m. 1 p.m.	125		Devin Brown	r-Fr.	Export, Pa.
7 p.m. 2 p.m	133		Cory Stainbrook	r-Sr.	Streetsboro, Ohio/Walsh Jesuit
7 p.m. 2 p.m.	133		Ryan Elliott	r-So.	Fairmont, W.Va./North Marion
All Day All Day	141		Tony DeAngelo	r-Sr.	Mebane, N.C./Missouri
All Day	141		Joe Wheeling	r-So.	Waterford, Pa./General McLane
All Day ∖II Day∖	149		Christian Monserrat	r-So.	Methuen, Mass./Methuen
	149		James Dekrone	r-Sr.	Northport, N.Y./John Glenn
	157		Dayton Garrett	Fr.	Tuttle, Okla./Tuttle
	165	13/13	Dylan Cottrell	r-Sr.	Spencer, W.Va./App. State
	174		Ty Millward	r-Jr.	State College, Pa./State College Area
	174		Ryan Lopez	r-Fr.	Morgantown, W.Va./University
Feam)	184		Parker VonEgidy	r-Jr.	Marshville, N.C./Missouri
(165) (197)	HWT		Brandon Ngati	Fr.	Gaithersburg, Md./South Hagerstown
Feam) (165) (107)	HWT		Bryson Begley	r-Jr.	Kingsport, Tenn./Dobyins-Bennett

#### JOURNEYMEN ASICS COLLEGIATE CLASSIC

The Mountaineers travel to Troy, New York, on Saturday to compete in the Journeymen ASICS Collegiate Classic at Hudson Valley Community College. It marks the third consecutive season WVU has competed in the event, though it will be under a new format this season. Moving from a dual match format, wrestlers will compete in pools in individual weight classes this year.

#### **MONSERRAT STEPS IN**

With Zachary Moore taking a redshirt season after starting at 149 last year, Christian Monserrat has stepped into the lineup and gotten off to a strong start. The Methuen, Massachusetts, native went 2-0 to start the season. More impressively, he grabbed recorded a first-period pin in his first career dual match against Campbell, and went on to add a major decision against Ohio. Monserrat led WVU with 10 team points in the Mountaineers' opening weekend.

#### **COTTRELL DEBUTS AT 165**

After spending the 2015-16 season nationally ranked at 157, Dylan Cottrell made his debut at 165 pounds last season. The senior captain went 2-0, winning a 5-2 decision over Campbell's Quentin Perez in his first match at his new weight. Cottrell then defeated Ohio's No. 17/19 Austin Reese, who made the round of eight at 2016 NCAAs, by major decision.

#### **JOURNEYMEN MATCH-UPS**

Devin Brown - 125 B - Pool B Dalton Duffield (OU) | Brendan Calas (Rider) | Bye

Cory Stainbrook - 133 A - Pool B Sean Fausz (NC State) | Ali Naser (ASU) | Bye Ryan Elliott - 133 D - Pool B Tyler Walsh (LIU Post) | Bye | Blake Retel (Buffalo)

Tony DeAngelo - 141 A - Pool B Bye | Noah Teaney (OU) | Randy Cruz (Lehigh) Joe Wheeling - 141 B - Poll B Ronnie Perry (LHU) | Michael Longo (OU) | Bye

Christian Monserrat - 149 C - Pool A Oliver Pierce (ASU | Jesse Rogers (Rider) | Bye James Dekrone - 149 D - Pool B Matt Caputo (Portland) | Bye | Sam Schneider (Ithaca)

Dayton Garrett - 157 D Al Ciccitto (Ithaca) | Kyle Hammond (LHU) | Kent Lane (Lehigh)

Dylan Cottrell - 165 A - Pool B Bye | Jack Clark (UNC) | Anthony Valenica (ASU)

Ryan Lopez - 174 B - Pool B Ryan Preisch (Lehigh) | Ryan Christensen (Wisconson) | Bye Ty Millward - 174 D Austin Weigel (UB) | Jason White (Ithaca) | Dan Arkow (LIU Post)

Parker VonEgidy - 184 A - Pool B Andrew Dixon (OU) | Bye | Elijah Kerr-Brown (UNC)

Brandon Ngati - HWT - Pool B Jake O'Brien (Ithaca) | Bye | Ryan Cloud (Rider) Bryson Begley - HWT D - Pool A Nolan Terrace (UB) | Bye | Rob Kelly (Cortland)

#### University Information

Location	Morgantown, W.Va.
Enrollment	
Founded	
Nickname	Mountaineers
Colors	. Old Gold (PMS 124 and Blue (PMS 295)
Conference	Big 12 Conference
President	Dr. E. Gordon Gee
Alma Mater	Utah, 1968
Athletic Director	Shane Lyons
Alma Mater	West Virginia, 1987
Home Facility	WVU Coliseum
Capacity	

#### Program Information

2015-16 Record	8-10
2015-16 Conference Record	0-4
First Year	1921
Overall Record	. 599-447-17
NCAA Champions	5
All-Americans	30
Wrestlers of the Year	4
Conference Champions	

#### Wrestling Coaching Staff

Head Coach (Season)	.Sammie Henson (3rd Season)
Alma Mater	Missouri, 1995
Career Record (Seasons)	17-19 (3rd Season)
School Record (Seasons)	17-19 (3rd Season)
Assistant Coach	Danny Felix (7th Season)
Alma Mater	Arizona State, 1998
Assistant Coach	Nick Marable (3rd Season)
Alma Mater	Missouri, 2010
Volunteer Assistant	Chris Nelson (1st Season)
Alma Mater	West Virginia, 2016

#### **Athletic Communications**

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#### HENSON ANNOUNCES TEAM CAPTAINS

West Virginia University wrestling coach Sammie Henson announced on Wednesday that seniors Dylan Cottrell, Tony DeAngelo and Cory Stainbrook will serve as team captains for the 2016-17 season. Cottrell, who will wrestle at 165 this season, transferred to WVU from Appalachian State in January of 2015. The Spencer, West Virginia, native took third at 157 pounds at last season's Big 12 Championship and is a two-time NCAA qualifier. Cottrell posted a 30-9 mark as a junior and enters the season ranked at No. 15 in his weight class. Hailing from Mebane, North Carolina, DeAngelo enters his third season in Morgantown after transferring from Missouri in the summer of 2014. He registered 18 wins at 141 pounds, taking fifth at the 2016 Big 12 Championship in March and seventh at the Southern Scuffle. Stainbrook enters his fifth year at WVU. The Streetsboro. Ohio. native qualified for the 2014 NCAA Championships at 125 pounds after placing third at the Big 12 Championship that season. He moved up to 133 pounds for the 2014-15 and 2015-16 season, compiling 20 wins. Stainbrook will drop down to 125 pounds this season.

#### HENSON ANNOUNCES CHANGES TO LINEUP

Sammie Henson made a pair of changes to his prospective lineup in the preseason, announcing that Zeke Moisey will sit out the 2016-17 season, while senior Dylan Cottrell will compete at 165 pounds. Moisey, who enters his third year with the Mountaineers, will redshirt the season after competing at 125 pounds in his first two seasons. Most notably, the native of Northampton, Pennsylvania, upset four seeded opponents on his way to a runner-up finish at the 2015 NCAA Championships in St. Louis, Missouri. Moisey earned an at-large bid to the 2016 NCAA Championships, but was forced to withdraw due to injury.

#### MOORE BROS. LEAD THE WAY AT UNIVERSITY NATIONALS

Zachary Moore and Keegan Moore both earned spots on the podium to lead the way for Mountaineer wrestlers at the 2016 University Freestyle Nationals at Stile Athletic Field House in Akron, Ohio, this past June. Representing the Morgantown-based Mountaineer Regional Training Center, Zachary Moore went 7-1 with three tech. falls on his way to a third-place finish at 65 kg. Keegan Moore posted a 6-2 mark with five tech. falls as he took seventh place at 61 kg. Devin Brown, William Jenkins, James Dekrone and Christian Monserrat also competed at the event. After starting with a bye, Zachary Moore won a 12-1 tech. fall Pittsburgh Wrestling Club's Robert Lee before winning a 10-0 tech. fall over Bloomsburg Wrestling's Grant Bond. He won a hard-fought 8-6 decision against Jordan Shearer of Nebraska WTC to advance to the guarterfinals, where he fell to BWC's Mitch Bengston. Moore bounced back with a 4-2 decision win over Billy Rupp of Terrapin Wrestling Club, then added a 10-0 tech. fall over Jamel Sharp of Packer Wrestling Academy in the ninth round of the consolation bracket, A 10-4 tech, fall of 2015 NCAA All-American Kevin Jack of Wolfpack Wrestling Club put Moore into the third-place match, where he avenged his earlier loss with a 10-3 decision over Bengtson, Keegan Moore rolled to a 4-0 start after posting tech, falls against Greyhound Wrestling Club's Kyle Keller (10-0), Scarlet Knights Wrestling Club's Josh Patrick (10-0) and Virginia Beach RTC's Brandon Jones (11-0) before defeating Jacob Rubio of Sooner Wrestling Club in a 6-5 decision. He dropped a 10-0 tech. fall to Tyler Graff of NYAC in the guarterfinals, but bounced back with a 10-0 tech. fall of Wolfpack Wrestling Club's Sean Fausz in the consolation bracket. He suffered an 8-7 setback to Phillip Laux of Iowa before winning a 10-0 tech. fall over Ohio RTC's Jose Rodriguez for seventh place. Brown went 3-2 with a trio of tech. falls at 57 kg, defeating Buffalo Valley RTC's Michael Macklin, 10-0, and Blue and Gold Wrestling Club's Jacob Martin, 12-1. He also won a 12-0 tech. fall over Clarion Wrestling Club's Brandon Howard. Christian Monserrat won a 13-7 decision over App. State RTC's Michael

#### **USA TODAY/NWCA COACHES' POLL**

Rank	School	R	ecord	Points
1	Oklahoma State (13)	1-0	397	1
2	Penn State (3)	0-0	383	2
3	lowa	0-0	359	3
4	Ohio State	0-0	350	4
5	Missouri	0-0	336	5
6	Virginia Tech	2-0	324	6
7	Nebraska	0-0	303	7
8	Cornell	0-0	278	8
9	NC State	0-0	265	9
10	Rutgers	0-0	246	11t
11	Michigan	0-0	242	10
12	Lehigh	0-0	240	11t
13	Illinois	0-0	212	13
14	Stanford	1-0	169	17
15	Oregon State	0-0	163	16
16	Minnesota	0-0	159	15
17	Central Michigan	0-0	129	19
18	Oklahoma	0-0	111	18
19	Wisconsin	0-0	102	20
20	Arizona State	1-0	91	21
21	South Dakota State	1-0	75	NR
22	Pittsburgh	2-0	71	23
23	Northern Iowa	0-0	52	22
24	Chattanooga	1-0	44	24
25	North Carolina	0-0	30	25

**Others Receiving Votes:** North Dakota State 23, Iowa State 22, Rider 7, Appalachian State 6, Duke 5, Campbell 3, Edinboro 3.

#### 2015-16 SEASON LEADERS

30, Dylan Cottrell (157)
30, Jacob A. Smith (197)
6, Jacob A. Smith (197)
4, Tony DeAngelo (141)
11, Dylan Cottrell (157)
48, Dylan Cottrell (157)
244, Dylan Cottrell (157)
48, Dylan Cottrell (157)
64, Dylan Cottrell (157)
40, Tony DeAngelo (141)
7, Bubba Scheffel (184)

Longo, 13-7, at 70 kg while James Dekrone defeated Minnesota Storm's James Berg in an 11-0 tech. fall at 70 kg.

#### WHAT'S IN A NAME?

Please note that the Mountaineers boast two wrestlers name Jake Smith on the roster. The first is a junior certified at 149 pounds and will go by Jake S. Smith. The second is a junior who wrestles at 197 pounds and will go by Jacob A. Smith. Please be mindful of this when selecting wrestlers for scoring in Track Wrestling.

#### **BIG 12 ADDS AFFILIATE MEMBERS**

The Big 12 Conference has added six affiliate members to its postseason wrestling competition as Air Force, Northern Colorado, North Dakota State, South Dakota State, Utah Valley and Wyoming will join Iowa State, Oklahoma, Oklahoma State and West Virginia in future Big 12 Wrestling Championships. The affiliate member additions are effective beginning with the 2015-16 academic year. Affiliate members will compete for the Conference's postseason championship and the league's automatic qualification to NCAA postseason competition.

#### **BIG 12 CHAMPIONSHIP SITES ANNOUNCED**

With the addition of six new members in 2016, the Big 12 Wrestling Championship will shifted to a neutral site rather than the school host locations. The 2017 Championship will be held at the BOK Center in Tulsa, Oklahoma, and is slated to run March 4 and 5, 2017. The 2018 tournament will also take place in Tulsa.

#### TICKET/PROMOTIONAL INFO

Tickets for the West Virginia University wrestling team's 2016-17 season are now on sale through the Mountaineer Ticket Office. The Mountaineers will host four events at the WVU Coliseum, as well as an additional match in Parkersburg, West Virginia. Tickets are available for purchase at WVUGame. com, by calling 1-800-WVU-GAME or by visiting the Mountaineer Ticket Office inside the WVU Coliseum. The cost is \$5 for adults, \$3 for youth and senior citizens and \$2 for groups of 10 or more. Admission is free for all students with a valid WVU student I.D.

West Virginia opens the 2016-17 season at home with the Mountaineer Quad on Sunday, Nov. 6. The Mountaineers will host Campbell at 10 a.m. and Ohio at 2 p.m. Pitt will also be in attendance, though the Mountaineers and Panthers will not meet. Fans will gain entrance to all five matches with the purchase of one ticket, and veterans and military members will receive free admission with a valid military I.D. The Mountaineers will sign autographs after the conclusion of the final dual.

On Sunday, Dec. 18, WVU will host Virginia Tech in the Black Diamond Brawl at Parkersburg High at 2 p.m. A free youth clinic will be held prior to the match, and all participants will receive free admission to the match. Fans can purchase tickets for the match now through the Mountaineer Ticket Office, though the "print at home" option will be unavailable. Tickets can also be purchased at a later date through Parkersburg High. More information on the match and clinic will be released in the following weeks.

West Virginia hosts its annual Cradles for Cancer match on Thursday, Feb. 9, when South Dakota State travels to Morgantown for a 7 p.m. tilt. The dual will be sponsored by WVU Medicine. Fans who make a donation of \$10 or more will receive WVU's official pink shirt, and tickets are just \$3 for attendees who wear pink to the match. The Mountaineers will sign autographs following the conclusion of the match.

Big 12 foe lowa State comes to town on Sunday, Feb. 12. The first 250

#### **COTTRELL, SMITH NATIONALLY RANKED**

A pair of West Virginia University wrestlers will start the season nationally ranked, as Dylan Cottrell and Jacob A. Smith both appear in the top-20 of their respective weight classes.

Smith, a native of Charleston, West Virginia, is ranked in the top 10 by a trio of media outlets at 197 pounds. He appears at No. 8 according to Intermat, No. 9 via The Open Mat and is No. 10 according to FloWrestling. Smith spent the majority of the 2015-16 season in the top 10, entering the Big 12 Championship as the No. 1 seed before earning the No. 13 seed at the 2016 NCAA Division I Wrestling Championships. He posted a 30-10 mark on the season, taking fourth at the Cliff Keen Las Vegas Invitational in December and the Southern Scuffle in January.

A native of Spencer, West Virginia, Cottrell is ranked No. 15 at his new weight of 165 pounds in InterMat's preseason poll. He is also No. 15 according to FloWrestling at his previous weight of 157 as the poll was released prior to his weight change. Cottrell ended the season ranked No. 16/17, compiling a 30-9 mark at 157. He finished third at the 2016 Big 12 Championship to earn an automatic bid to the 2016 NCAA Championships where he went 3-2, falling one round shy of All-America honors. Cottrell, who transferred to WVU from Appalachian State in 2015, was the runner-up at the Joe Parisi Open in November and took third at the Cliff Keen Las Vegas Invitational in December.

"With Dylan moving up to 165, we feel this will allow him to compete at a higher level and achieve his goal of becoming an All-American this year," said WVU coach Sammie Henson. "Jake can accomplish whatever he puts his mind to. We expect big things from both of these guys. They are our leaders, and we have a crew of young wrestlers that we expect to follow these two young men."



## 2016-17 WVU WRESTLING ROSTER

NAME	HEIGHT	WEIGHT	YEAR	HOMETOWN	HIGH SCHOOL/PREVIOUS SCHOOL
Bryson Begley	6-0	HWT	Jr.	Kingsport, Tenn.	Dobyins-Bennett High School
Devin Brown	5-2	125	r-Fr.	Export, Pa.	Franklin Regional
Conner Buttry	5-10	184	Fr.	Osterburg, Pa.	Chestnut Ridge
Louis Colonna	5-6	149	Jr.	Montgomery, N.J.	Montgomery High School
Dylan Cottrell	5-10	165	Sr.	Spencer, W.Va	Roane County/Appalachian State
Tony DeAngelo	5-9	141	Sr.	Mebane, N.C.	Southern Alamance/Missouri
James Dekrone	5-7	149	Sr.	Northport, N.Y.	John Glenn HS/Nassau Community College
Ryan Elliott	5-8	133	So.	Fairmont, W.Va.	North Marion
Dayton Garrett	5-9	157	Fr.	Tuttle, Okla.	Tuttle
JD Gregory	5-5	133	r-Fr.	Hanover, Va.	Hanover
William Jenkins	5-11	157	Jr.	Abindgon, Va.	Abingdon
Hunter Jones	5-7	157	Fr.		
Tucker Leavitt	5-6	165	Fr.	Pocatello, Idaho	Highland
Ryan Lopez	5-9	157	r-Fr.	Morgantown, W.Va.	University High
Ty Millward	5-10	165	Jr.	State College, Pa.	State College High School
Zeke Moisey	5-5	125	Jr.	Northampton, Pa.	Bethlehem Catholic
Christian Monserrat	5-10	149	So.	Methuen, Mass.	Methuen
Keegan Moore	5-5	133	So.	Oklahoma City, Okla.	Putnam City
Zachary Moore	5-5	149	So.	Oklahoma City, Okla.	Putnam City
Brandon Ngati	5-10	HWT	Fr.	Gaithersburg, Md.	South Hagerstown
Kyler Rea	5-5	149	Fr.	Neosho, Mo.	Neosho
Kyle Rogers	5-10	174	r-Fr.	Jane Lew, W.Va.	Lewis County
Matthew Schmitt	5-7	125	Fr.	Platte City, Mo.	Platte County
Zach Schrader	5-11	197	Fr.	Manhattan Beach, Calif.	Army & Navy HS
Jacob A. Smith	6-0	197	r-Jr.	Charleston, W.Va.	George Washington/Cleveland State
Jake S. Smith	5-8	149	Sr.	Clifton, Va.	Newark Memorial/Appalachian State
Cory Stainbrook	5-7	125	Sr.	Streetsboro, Ohio	Walsh Jesuit High
Parker VonEgidy		184	Jr.	Marshville, N.C.	Piedmont/Missouri
Joe Wheeling	5-6	141	So.	Waterford, Pa.	General McLane
Logan Wilson		133			

## **COACHING STAFF**

Head Coach: Sammie Henson (Third Season, Missouri '95) Assistant Coach: Danny Felix (Seventh Season, Arizona State, '98) Assistant Coach: Nick Marable (Third Seasson, Missouri '10) Volunteer Assistant: Chris Nelson (First Season, West Virginia '16) Strength & Conditioning Coach: Tanner Kolb Athletic Trainer: Erin Asbury Team Dietitian: Nettie Freshour

## PRONUNCIATIONS

Louis Colonna	cuh-LOW-nuh
Dylan Cottrell	CAW-trill
Tucker Leavitt	
Zeke Moisey	MOY-zee
Christian Monserrat	

Brandon Ngati	nuh-GAH-tee
Kyler Rea	RAY
Parker VonEgidy	von-egg-UH-dee

## 2016-17 WEST VIRGINIA WRESTLING



SAMMIE HENSON Head Coach | Third Season Missouri, 1995



- World Champion
- · Olympic Silver Medalist
- World Bronze Medalist
- 2x NCAA Champion
- 71-0 at Clemson
- Head Coach Sunkist

Sammie Henson was named the eighth head coach in WVU program history in May of 2014, and is quickly bringing the program to new heights.

Henson brought with him a 17-year streak of All-Americans, having coached a total of 20 with five NCAA national champions. In Morgantown, he was challenged with the task of extending that streak in a program that hadn't had a wrestler finish in the top eight since 2007. He succeeded.

Pulling freshman Zeke Moisey's redshirt two weeks into the season proved to be one of the most crucial decisions of Henson's career. Entering the 2015 NCAA National Championships unseeded, Moisey put together an historic run, upsetting the No. 15, No. 2 and No. 7 seeds to become WVU's first All-American since Brandon Rader in 2007. He then went on to pin No. 6 Thomas Gilman of Iowa in 52 seconds in the semifinals to become the first unseeded wrestler to advance to the finals since 2003. Moisey dropped a 9-5 decision to No. 4 Nathan Tomasello of Ohio State to cap his season as the NCAA runner-up.

However, the turnaround of the WVU wrestling program started long before the NCAA Championships. The Sammie Henson era opened in Morgantown on November 13, when the Mountaineers hosted former WVU assistant and the Arizona State Sun Devils at the WVU Coliseum. Though the Sun Devils took the match, 19-13, the match in front of 1,200 fans rejuvenated interest in the program. The team went on to place a trio of wrestles on the podium at the Cliff Keen Invitational, with the 16th-place finish marking WVU's best showing since 2007. In dual action, the Mountaineers topped No. 25 Bucknell in early January, briefly entering the NCAA top-25 that month, before ending the regular season with a win at No. 18 Pitt. It was the first time since 2007 WVU had taken the annual Backyard Brawl. In between, the Mountaineers sought revenge on ASU, twice taking victories from the Sun Devils.

West Virginia put together it's best-ever showing at the Big 12 Championship in March, accruing a team-high 35 points with four finalists. A.J. Vizcarrondo became the program's first ever two-time Big 12 finalist and was the runner-up at heavyweight for the second straight year. He was joined on the podium by Moisey (runner-up 125), Roman Perryman (runner-up at 149), Jake A. Smith (runner-up at 197) and Bubba Scheffel (third at 184).

Along with senior Michael Morales (149), Smith, Moisey and Scheffel earned at-large bids to nationals. The four combined to post eight wins, marking WVU's best finish in 10 years. The Mountaineers finished in 20th place with 23.5 points, their first top-25 finish since 2005, helping Henson earn Amatuer Wrestling News Rookie Coach of the Year accolades.

In 2016, Henson guided a pair of in-state natives to the NCAA Championship. Jacob A. Smihth of Charleston and Dylan Cotrell of Morgantown spent the season inside the nation's top-20 of their respective weights. The duo, along wtih Bubba Scheffel, qulaified for the 2016 NCAA Championships at Madison Square Garden.

In addition to his work with the Mountaineers, Henson started the Mountaineer Regional Training Center, drawing a number of national and international-level wrestlers to Morgantown to train. In the summer of 2014, he guided assistant coach Nick Marable to a spot on the U.S. World Team, and continues to coach Marable, former Olympian Clarissa Chun and national team member Jessica Medina through the MRTC.

A native of St. Charles, Mo., Henson came to WVU from Missouri, where he spent two seasons as head assistant coach. In just two seasons at Missouri, he assisted in producing the No. 2-ranked recruiting class in the nation in 2013 in addition to leading the Tigers to two consecutive conference titles and seven All-America finishes, including one national champion this past season.

Prior to Missouri, Henson was the assistant head coach at Oklahoma from 2009-11. While there, he helped secure the No. 2 recruiting class in the country, coached seven wrestlers to All-America status at the NCAA Championships and helped the program become the top academic squad in the Big 12 during his tenure. Before Henson arrived at Oklahoma, the Sooners hadn't had an All-American in two years.

Prior to his stint with Oklahoma, Henson served as the head assistant at Cal Poly (2007-09), volunteer assistant at Nebraska (2006-07), along with stops as an assistant at Army (2002-03) and Penn State (2000-02).

During his time at Penn State, Henson assisted head coach Troy Sunderland in taking the Nittany Lions from 35th in the country to sixth with a pair of top-five recruiting classes in just two years. He has mentored numerous national champions, such as Michael Lightner (Oklahoma), Byron Tucker (Oklahoma), Paul Donahoe (Nebraska) and J'den Cox (Missouri), along with several All-Americans, Big 12 Champions, Big 10 Champions and Pac 12 Champions, including: Shane and Dane Valdez (Oklahoma), Witt Durden (Oklahoma) and Josh and Scott Moore (Penn State), Chad Mendes (Cal Poly), Chase Pami (Cal Poly), Boris Novachkov (Cal Poly), Jarrod Patterson (Oklahoma), Zach Bailey (Oklahoma), Kyle Terry (Oklahoma), Tyler Caldwell (Oklahoma) and Eric Lapotsky (Oklahoma).

Henson has been widely recognized as one of the elite assistant coaches in the country. Tim Foley of Intermat rated him as the best in the nation in an article from 2010, stating that "Henson's intensity is legendary and seemingly always transferred to his grapplers. There is nothing coincidental about his arrival in Norman and the Sooners impressive 2009-2010 turnaround."

Along with collegiate coaching, Henson is also the current head coach for the Sunkist Kids Wrestling Club, which has more current world and Olympic wrestlers than any other wrestling club in the United States. Out of the seven freestyle wrestlers who represented Team USA at the 2012 Olympic Games in London, three came from the Sunkist Kids. Included in that group is Olympic gold medalist Jordan Burroughs at 74 kg/163 lbs. Also representing the United States in the Olympics in 2012 were Sam Hazewenkil (55 kg/121.3 lbs. and Tervel Dlagnev (120 kg/264.6 lbs.).

Henson's resume as a competitor speaks for itself. He went on to become one of the most celebrated wrestlers in the history of the United States, as one of just a few wrestlers in USA history to earn three world medals. In 1998, Henson became a world champion for Team USA at the World Wrestling Championships, in Tehran, Iran, which eventually led to him winning the John Smith Award for USA Wrestler of the Year. He earned a silver medal at the 2000 Olympic Games at 55 kg (121 lbs.) in Sydney, Australia, and won the bronze medal at the 2006 World Wrestling Championships at 35 years of age.

Additionally, Henson was named USOC Athlete of the Month of September 1998, and was a finalist for the Sullivan Award in 1999 for his efforts in the World Championships. In all, Henson has won more than 15 freestyle titles at the international level.

Henson started his collegiate wrestling career at Missouri, where he was a Big Eight Champion and All-American for Missouri in 1991. He then transferred to Clemson, where he became a two-time NCAA Champion, finishing his career with a 71-0 record. He was named as Clemson's Male Athlete of the Year in 1994 and was inducted into the Clemson Athletics Hall of Fame in 2000. Henson returned to Missouri in 1995 to earn a degree in parks, recreation and tourism management.

Henson and his wife, Stephanie, have four children: Jackson, Wyatt, Ruby and Georgia-Kate. They also have two dogs Biggie Smalls and Nelly.

2015-16 Mrestling Statistics



Name	Wt.	Overall	Dual	Points	vs. Ranked	MD	TF	Pins	TD
Devin Brown	125	0-2	0-2	0	0-1	0	0	0	-
Ryan Elliot	125	0-0	0-0	0	0-0	0	0	0	-
Cory Stainbrook	133	1-1	1-1	6	0-5	0	0	1	-
Joe Wheeling	133	0-0	0-0	0	0-0	0	0	0	-
Tony DeAngelo	141	1-1	1-1	3	0-0	0	0	0	-
Christian Monserrat	149	2-0	2-0	10	0-0	1	0	1	-
Louis Colonna	149	0-0	0-0	0	0-0	0	0	0	-
James Dekrone	149	0-0	0-0	0	0-0	0	0	0	-
Jake S. Smith	149	0-0	0-0	0	0-0	0	0	0	-
Dayton Garrett	157	0-2	0-2	0	0-0	0	0	0	-
Dylan Cottrell	165	2-0	2-0	7	1-0	1	0	0	-
Ryan Lopez	174	0-0	0-0	0	0-0	0	0	0	-
Ty Millward	174	3-8	0-0	0	0-0	0	0	0	-
Parker VonEgidy	184	1-1	1-1	0	0-0	0	0	0	-
Jacob A. Smith	197	0-1	0-1	0	0-0	0	0	0	-
Bryson Begley	HWT	0-1	0-1	0	0-0	0	0	0	-
Brandon Ngati	HWT	0-1	0-1	0	0-0	0	0	0	-



DEVIN BROWN 125 | r-Freshman Export, Pa./Franklin Regional

- Redshirted his first season in Morgantown
- Competed unattached at the Clarion Open, Hokie Open, Mat-Town Open and Nittany Lion Open.
- Posted a 10-9 mark at 125 pounds
- Won a 9-4 decision vs. Columbia's Brian Carter at the Hokie Open (Nov. 8)
- Pinned Lock Haven's Derek Gulotta at the Mat-Town Open (Nov. 22)
- Posted a 16-3 MD over Michael Shankles of Edinboro at the Nittany Lion Open (Dec. 6)

## Mountaineer Quad:

Nathan Kraisser (CU) by fall over Devin Brown (WVU), 2:43 Shakur Laney (OU) major dec. Devin Brown (WVU), 13-5



CORY STAINBROOK 133 | r-Senior Streetsboro, Ohio/Walsh Jesuit

- Went 6-12 at 133 pounds
- Made 13 dual match starts
- Defeated Drexel's Franco Ferraina, 7-4, at the Mountaineer Quad (Nov. 8)
- Went 3-2 with a major decision over Purdue's Luke Schroeder, 6-4, for fourth place at the Joe Parisi Open (Nov. 21)
- Defeated Clarion's Roshaun Cooley in a 7-4 decision (Feb. 19)

Mountaineer Quad: Cory Stainbrook (WVU) by fall over Jonathan Ryan (CU), 5:41 Cameron Kelly (OU) dec. Cory Stainbrook (WVU), 6-5



## TONY DEANGELO 141 | r-Senior

Mebane, N.C./Southern Alamance (Mizzou)



JOE WHEELING 141 | r-Sophomore Waterford, Pa./General McLane

- Went 8-5 on the season at 133 pounds
- Competed in the Joe Parisi Open (Nov. 21) and the Edinboro Open (Feb. 6)
- Tech. falled Bethany's Ty Kolterman, 15-0, in the second period at Joe Parisi
- Also won a 15-3 major decision over Lindenwood's Hunter Haralson
- Defeated Cleveland State's Evan Cheek in an 11-2 major decision at the Edinboro Open
- · Won a 5-0 decision over North Carolina's Sonny Simonetti

- Joined the WVU lineup as the starter at 141 pounds after sitting out the 2014-15 season
- Went 18-22 with two falls, four tech. falls and two major decisions
- Placed seventh at Southern Scuffle with an 8-5 decision over Penn State's Kade Moss (Jan. 2)
- Finished fifth at the 2016 Big 12 Championship (March 6)
- WVU Student-Athlete of the Week (Dec. 14)
- Pinned Campbell's Zack Barker in 6:44 at the Mountaineer Quad (Nov. 8)
- Defeated Big 12 foe Dante Rodriguez of Iowa State, 2-1, at Cliff Keen (Dec. 5)
- Used a reversal to top All-American Dan Neff of Lock Haven in a tiebreaker (Dec. 12)

## Mountaineer Quad:

Tony DeAngelo (WVU) dec. Joshua Heil (CU), 6-2 Noah Forrider (OU) dec. Tony DeAngelo (WVU), 4-2 (SV-1)



## CHRISTIAN MONSERRAT 149 | r-Sophomore Methuen, Mass./Methuen

- Competed at five tournaments at 141 pounds
- Finished the season with a 14-8 record
- Went 4-2 a pin of Darren Trujillo (Missouri Valley) and a tech. fall of Dakota Clark (Club Blue) at the Joe Parisi Open (Nov. 21)
- Also posted a 4-2 mark at the Nittany Lion Open (Dec. 6)
- Defeated Zehlin Storr of Michigan in a 10-19 major decision at the Southern Scuffle (Jan. 1)
- Went 4-2 with a tech. fall of Zach Gwinn (Alderson-Broaddus) and an 8-0 major decision over Navy's John Keyon at the Edinboro Open (Feb. 6)

## Mountaineer Quad:

Christian Monserrat (WVU) by fall over Lucas Stewart (CU), 2:14 Christian Monserrat (WVU) major dec. Cullen Cummings (OU), 10-2



# JAMES DEKRONE 149 | r-Senior

Northport, N.Y./John Glenn (Nassau CC)

- Saw action in five tournaments and one dual
- Went 11-8 with two falls and two major decisions at 149 pounds
- Won by fall over Clarion's Sean Caruso at the Mat-Town Open (Nov. 22)
- Also pinned Army's Javier Rodriguez at the Southern Scuffle (Dec. 1)
- Dropped a 5-4 decision to NC State's Beau Donahue in his lone dual match start of the season (Jan. 31)



DAYTON GARRETT 157 | Freshman Tuttle, Okla./Tuttle

- Wrestled for Tuttle HS, Tiger Wrestling and the Oklahoma Wrestling Academy
- Four-time state qualifier
- Won the OSSAA 4A state title at 145 pounds as a junior in 2015
- Finished second at the state tournament as a freshman and a senior
- Took third as a sophomore
- Twice placed the preseason national tournament
- A two-time freestyle state runner-up

#### Mountaineer Quad:

Austin Kraisser (CU) by fall over Dayton Garrett (WVU), 4:07 Kade Kowalski (OU) dec. Dayton Garrett (WVU), 2-1



DYLAN COTTRELL 165 | r-Senior Spencer, W.Va./Roane County (App. State)

- 2016 NCAA Qualifier in his first season at West Virginia
- 2016 WVU Most Outstanding Wrestler
- Took third at 157 pounds at the Big 12 Championship to earn his bid to NCAAs
- Nationally ranked in the top-20 at 157
- Big 12 Wrestler of the Week (Feb. 23)
- Posted a 30-9 mark with 10 major decisions, two tech. falls and three falls
- Took second place at the Joe Parisi Open (Nov. 21)
- Placed third at the Cliff Keen Las Vegas Invitational (Dec. 5)
- · Posted a 3-2 mark at NCAAs to advance to the blood round
- Won a 9-1 major decision over VMI's Neal Richards in his first wrestleback
- Defeated Richie Lewis of Rutgers in a 4-0 decision before upsetting No. 15 seed Markus Scheidel of Columbia in an 8-3 decision

Mountaineer Quad: No. 15 Dylan Cottrell (WVU) dec. Quentin Perez (CU), 5-2 No. 15 Dylan Cottrell (WVU) major dec. No. 17/19 Austin Reese (OU), 15-1



TY MILLWARD 174 | r-Junior State College, Pa./State College Area

- Competed in four tournaments at 149 pounds
- Complied a 3-8 record
- Won a 6-0 decision over Austin Culton of Northern Illinois at the Joe Parisi Open (Nov. 21)
- Posted a 6-3 win vs. Andrew Maurielleo of Drexel at the Nittany Lion Open (12/6)

Mountaineer Quad: Alex Herringshaw (CU) dec. Ty Millward (WVU), 3-1 Arsen Arshughyan (OU) dec. Ty Millward (WVU), 4-1



RYAN LOPEZ 174 | r-Freshman Morgantown, W.Va./University

- Redshirted the season
- Wrestled unattached at five tournaments
- Posted a 3-10 record
- Recorded a 10-6 decision over Spencer Rich of Army Prep at the Nittany Lion Open (Dec. 6)
- Also earned a 12-3 major decision vs. Kent State's Jacob Spino at the event



PARKER VONEGIDY 184 | r-Junior Marshville, N.C./Piedmont (Missouri)



JACOB A. SMITH 197 | r-Junior Charleston, W.Va.

- Went 8-4 as the starter at 174 pounds
- Was 5-1 in dual matches before suffering a season-ending injury in December
- Recorded a trio of major decisions over Drexel's Nicholas Elmer (9-1), Campbell's Matt Olauson (12-4) and Arizona State's Preston McCalm (11-2) at the Mountaineer Quad (Nov. 8)
- Won a 9-7 decision over No. 19 Davonte Mahomes of Michigan and defeated Muhamed McBryde in a 7-5 decision at the Northeast Duals (No. 15)
- Went 3-3 to finish sixth at the Joe Parisi Open (Nov. 21)

#### Mountaineer Quad:

Ville Heino (CU) dec. Parker VonEgidy (WVU), 6-4 Parker VonEgidy (WVU) dec. Hunter Yeargan (OU), 9-6

- Received a medical hardship waiver for 2013-14 following the season
   Posted a 30-10 mark at 197 pounds
- Posted a 30-10 mark at 19
  2016 NCAA Qualifier
- Was the No. 13 seed at the 2016 NCAA Championships
- Posted five falls and a pair of major decisions
- Went 3-0 at the Mountaineer Quad, including a pin of Josh Dasilveira (6:38) to lead WVU past Arizona State (Nov. 8)
- Posted wins vs. Oregon State (vs. Corý Crawford, 4-2 Dec.) and Buffalo (vs. James Benjamin, 9-8 Dec.) at the Journeymen Northeast Duals (Nov. 15)
- Went 4-1 with a pin of OSU's Andrew Marsden (4:54) and a 3-1 decision vs. the Cowboys' Preston Weigel to take second at the Joe Parisi Open (Nov. 21)
- Posted a 5-2 mark for fourth place at the Cliff Keen Las Vegas Open (Dec. 5), including a 2-0 decision over Virginia Tech's Jared Haught
- Went 4-2 to take fourth place at the Southern Scuffle (Jan. 2), pinning Virginia's Zach Nye (8:30), OSU's Preston Weigel (6:36) and Gardner-Webb's Gray Jones (2:49)
- Defeated Oklahoma State's Preston Weigel, 4-2, in sudden victory (Jan. 15)
- Took a 13-4 major decision over Brad Johnson vs. Oklahoma (Jan. 17)
- Won a 2-0 decision over No. 25 Nick Bonaccorsi to help WVU upset No. 18 Pitt (Feb. 7)
- Topped No. 14 Nate Rotert in a 5-3 decision vs. South Dakota (Feb. 12)
- Won a 9-2 decision vs. Marcus Harrington of Iowa State (Feb. 14)
- Went 2-3 at the Big 12 Championship



BRYSON BEGLEY HWT | r-Junior Kingsport, Tenn./Dobyns-Bennett

- Competed unattached at the Nittany Lion open (Dec. 6)
- Posted a 2-3 mark, pinning Army Prep's Jeremiah Imonode

Mountaineer Quad

Jere Heino (CU) tech. fall Bryson Begley (WVU), 21-6 (7:00)



BRANDON NGATI HWT | Freshman Gaithersburg, Md./South Hagerstown

- Two-time captain at South Hagerstown HS
- 2016 Maryland 4A-3A State Champion at 285 pounds
- 2016 Herald Mail Wrestler of the Year
- Two-time all-state selection
- Placed fourth at the Maryland state tournament in 2015
- Two-time all-county selection
- Regional champion
- Competed for Hagerstown PAL
- Represented Team Maryland at Pin Cancer's Border Brawl

Mountaineer Quad:

Zak Parker (OU) dec. Brandon Ngati (WVU), 5-2